

# Weekly Update

## June 5, 2024

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Please join us on Sunday for Holy Eucharist

The Third Sunday After Pentecost

June 9, 2024

8 am & 10 am\*

**Celebrants: The Reverend Victoria Pretti and  
The Rev. Deacon Chris Miller-Marcin**

If you are unable to worship in person, please join us on YouTube

\*To view the livestream service please click the link below.



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### This week at

St. Martha's



#### Wednesday, June 5th:

- Seashell Ringers practice at 1:15 pm.
- International Students' Welcome Picnic meeting at 2:15 pm.
- Choir practice at 7 pm.

#### Friday, June 7th:

- Stitch and Sketch will meet from 10 am to 1 pm in the parish hall. We have knitters, painters, quilters and many other crafters who gather to stitch, craft and socialize. All are welcome.

#### Monday, June 10th:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

**Tuesday, June 11th:**

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. Done seated or standing and is accessible to everyone. Bring a yoga mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

**Wednesday, June 12th:**

- Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Seashell ringers practice at 1:15 pm.
- Finance Committee meeting at 4pm by Zoom.
- Choir practice at 7 pm.

**Upcoming Events**


**QIGONG  
CLASS**

A gentle, mindful movement practice  
for health of body, mind & spirit.

WITH RIA PRETTI

Thursdays at 9:30 am

St. Martha's Episcopal Church  
117 Maplewood Street  
Bethany Beach, DE 19930



*Walk in, by donation, no experience necessary*

**Classes begin on Thursday, June 13th. No class on July 4th. This class will be similar to the one on Tuesday mornings. For more details please refer to the class description above.**

**GAME  
NIGHT**



**JUNE 13, 2024**

**5:30 - 8:00 PM**

This is our last Game Night till the Fall so don't miss out! Salads and sandwiches at 5:30 pm followed by a variety of games. A signup sheet is in the parish hall.

# Cellofest

at Bethany Beach 2024  
7-16 June



Join us for a series of cello performances and educational events in Bethany Beach, celebrating the beauty and diversity of the cello and its music.



**June 7, 2 PM**

Cellos of Unusual Shape Lecture/Demonstration by Erica Lessie  
South Coastal Library, Bethany Beach

**June 12, 10:30 AM**

Children's Cello Program by Erica Lessie  
South Coastal Library, Bethany Beach

**June 13, 7:30 PM**

Cellofest Cello Ensemble Performance with soloist Jennifer Kloetzel  
Bethany Beach Boardwalk

**June 14, 10:30 AM**

Cello Ensemble Performance and Storytime  
Bethany Beach Nature Center

**June 16, 9 AM & 10 AM**

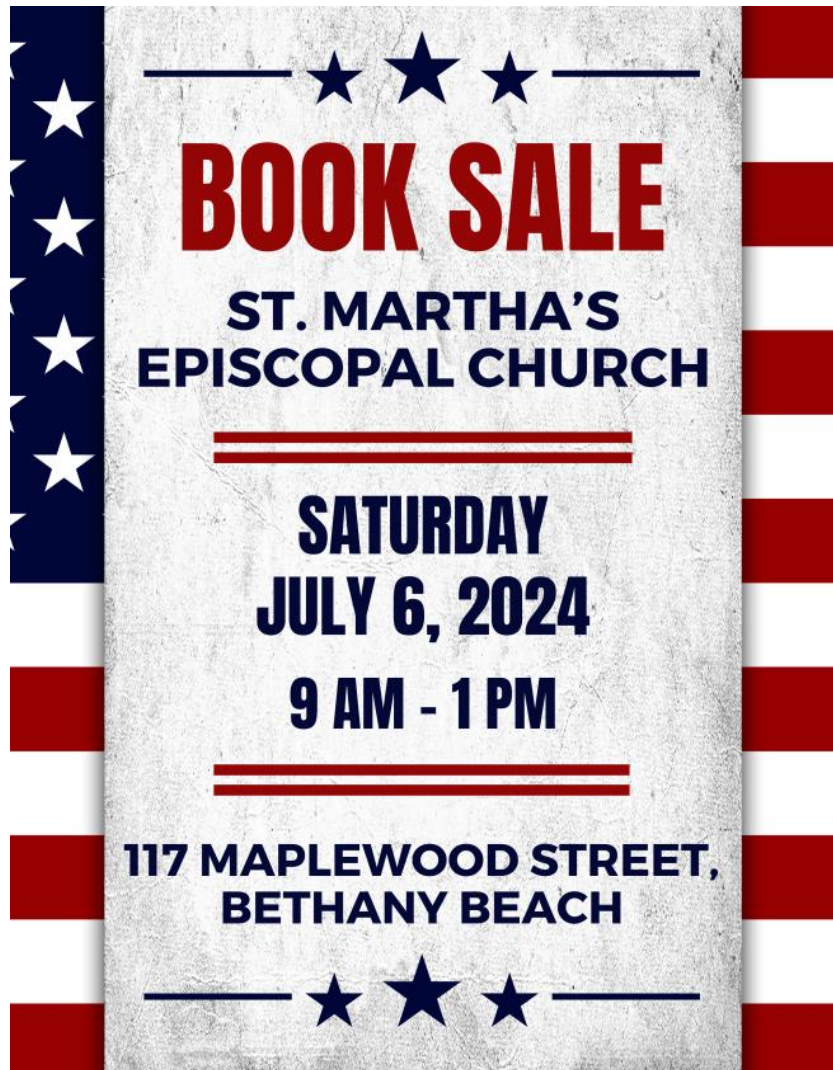
Cellofest Final Concert and Music at the 10 AM Service  
St. Martha's Episcopal Church, Bethany Beach

**Thank you, sponsors!**



**Please note, there will be a concert at St. Martha's on Sunday, June 16th in between services and there will be cello music during the 10 am service as well.**

Check out the [press release](#) for more information.



Our next book sale will be here before we know it! Last month's sale was a huge success but we still have plenty of books to sell. The only thing we'll need to pull it off is a group of amazing volunteers. Please consider lending a hand to help with set up or the day of the sale. A sign up sheet is available in the parish hall. Thanks again for helping to make these sales possible!

Outreach



School is almost out and our **White Bag Lunch** artists have been busy decorating white bags for the summer food program for students who otherwise may not have enough food. St. Martha's Outreach and several other churches donate money to help purchase snacks for the bags. Community Lutheran Church purchases non-perishable food items to put in the bags. Every Monday 40 or more decorated food bags are taken to Frankford Library where families pick up the bags. Students love to see all the decorated bags. If you are interested in using your artistic talents to decorate white bags, see Fran McElvey about getting some bags.

**Remember your aluminum pop-tabs to help  
Ronald McDonald house!**

## Announcements



**Don't Be the Last One in Your Pew to Volunteer to Work at Our 17th Annual international Students Welcome Picnic on June 25th!** Volunteer slots are still open in the 2-3ish PM range to pick up food donations from businesses, from 2-4ish PM range to set up the room and game areas, from 4:30ish to 8ish to serve food inside, play games outside, and clean up all over. And be sure to always have Picnic announcement flyers with you to put in the hands of every Student you meet!

**YOUR INPUT IS NEEDED!**

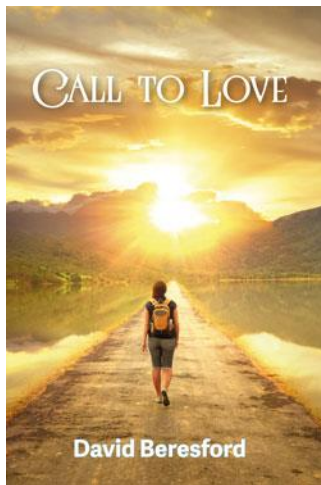
**Children's Faith Formation at St. Martha's:** We are considering launching some new children's ministries this Fall and are looking for your ideas, interest, and input. Nursery or Church School or both? During or between the services or both? If you have children or grandchildren, would your family be interested in participating? And how often would your kids

like to attend any children's offerings? Please talk to Deacon Chris anytime soon. Thanks so much!

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## SAVE THE DATE

We have reserved August 24th for the annual Jeff Jackson Golf Tournament at Salt Pond. Anyone who thinks they can play golf, good or bad, is invited to participate. Everyone else can join us for lunch at the clubhouse. Details will be forthcoming. Please contact Bill Freund (wmfreund42@gmail.com) to help organize the event.



Father David Beresford, our interim rector prior to Rev. Ria has written two books. The first, "Above and Below", is a collection of inspirational meditations written while he was at St. Martha's. These were published weekly in our Saturday email blast. The second, "Call to Love", describes how God has called various people – both in the Bible as well as his personal contacts. These stories are a way of urging us to respond to God's call to us.

If you would like to purchase either of these books, you can contact Ron Kerchner, (609-424-7281) or visit the website below.

**[www.cedartreebooks.com](http://www.cedartreebooks.com)**.