Weekly Update April 17, 2024

Please join us on Sunday for Holy Eucharist

The Fourth Sunday of Easter April 21, 2024 8 am & 10 am*

Celebrants: The Reverend Victoria Pretti and The Rev. Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube *To view the livestream service please click the link below.



This week at

St. Martha's



Wednesday, April 17th:

- The Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Choir practice at 7 pm.

Thursday, April 18th:

- Becoming Beloved Community will meet at 1 pm in the parish hall.
- The Outreach Committee will meet at 2 pm in the parish hall.
- Vestry will meet at 3 pm in the parish hall.
- The Scholarship Committee will meet at 4 pm by Zoom.
- Game Night from 5:30 to 8 pm in the parish hall. Salads and sandwiches followed by a variety of games.

Friday, April 19th:

• Stitch and Sketch from 10 am to 1 pm in the parish hall. We have knitters, painters, quilters, and many other crafters who gather to stitch, craft, and socialize. All are welcome.

Saturday, April 20th:

 Celebrating Talent from 11 am to 2 pm in the parish hall. Everyone has talent and here at St. Martha's many have talents that no one even knows about! Come show your support, learn something new about your fellow parishioners and their craft, purchase an item or two, or just be inspired to create on your own!

Sunday, April 21st:

- Celebrating Talent. Stop by the parish hall between services and during coffee
 hour to check out the displays. Come show your support, learn something new
 about your fellow parishioners and their craft, purchase an item or two, or just
 be inspired to create on your own!
- Book Study will continue the book, "Open Mind, Open Heart" by Thomas Keating. They will meet in the Narthex in between services from 9 to 9:45 am.

Monday, April 22nd:

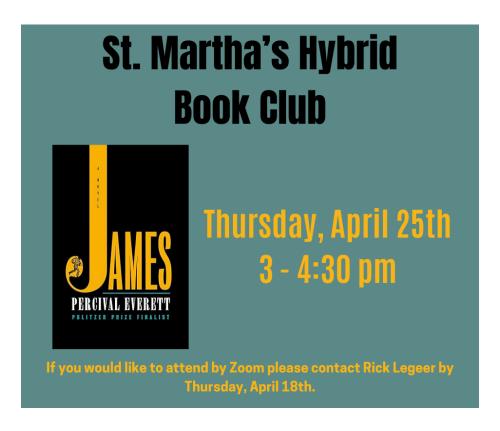
Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap.
 Some will be available.

Tuesday, April 23rd:

- Qigong at 9:30 am in the parish hall. Qigong is a mindful movement practice
 that helps us to calm our minds, balance our emotions, and feel more
 energized. Done seated or standing and is accessible to everyone. Bring a yoga
 mat if you have one, and some water. Suggested donation: \$10.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for gentle practice. \$10 drop in.

Wednesday, April 24th:

- The Men's Discipleship Group will meet from 8 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Choir practice at 7 pm.



Please note that our meetings will now be one and a half hours. The additional half hour appears warranted given the time needed for recent discussions. Also, our Zoom capabilities have been radically improved; we now can see Zoom participants on the large parish hall tv. Many thanks to Clem Edgar for taking the lead on our Zoom efforts.







The Capital Ringers will be performing at St. Martha's on Saturday, May 4 at 4:00 pm.

Tickets can be bought ahead of time or at the door. \$20 per person; 18 and under is free. Check out <u>capitalringers.org</u> for more details.



Under the direction of new artistic co-directors Joseph Shortall and Sarah Rose, the chorale will perform such selections as Mozart's "Ave Verum Corpus"; "Kyrie Eleison" from Franz Joseph Haydn's "The Lord Nelson Mass"; "O Fortuna" from the famous "Carmina Burana" by Carl Orff; and "The Storm is Passing Over" by Charles A. Tindley, which is a traditional gospel song performed with enthusiasm and joy.

Chorale members are pleased to have Shortall collaborating with Rose for this concert. Shortall comes to the chorale from Baltimore where he serves as director for the Baltimore Children's Choir, assistant director of the Maryland State Boychoir and contemporary lead musician at Christ Lutheran Church.

Rose has been assistant director of the chorale since 2014. She has accompanied the group and is now collaborating with Shortall to co-conduct this performance.

This promises to be an exciting afternoon of listening to a variety of artistic choral selections designed for the enjoyment and entertainment of all.

Click **HERE** to purchase tickets online.



For more details and an application to participate please click <u>HERE</u>. The deadline to apply is April 30th.

Outreach

All the diapers have now been delivered to the pantries.

In April, Outreach will purchase toiletries for The Stockley Center, the pantries, and the middle school. You do not need to donate money for this because we have funds available. However, if you have small soaps and lotions, etc. from your travels that you want to donate we can use them. These items may be placed in the plastic bin in front of the office.

Announcements



As of April 7th, members of St. Martha's Healing Prayer Ministry are available to offer brief private prayers during Communion time on Sunday during the 10 am service. Prayer Team members will be stationed in the narthex (entryway, near the fish). Please receive Eucharist first and then proceed to the narthex if you wish to avail yourself of this ministry.



Are you 72 or older? Have you lost the ability to fully deduct charitable contributions because you no longer itemize federal income tax deductions? Do you make donations to St. Martha's regularly? If you answered yes to these questions, you may want to consider making a Qualified Charitable Distribution (QCD). A QCD is generally a non-taxable distribution made directly by the trustee of your IRA to St. Martha's or other qualified charities. A QCD reduces your Adjusted Gross Income (AGI) and thereby reduces taxes. If you are receiving a Required Minimum Distribution (RMD) from your IRA, a QCD can be used to satisfy the RMD. Please consult your tax advisor or tax return preparer to determine if a QCD could benefit you. If so, make your lump sum pledge as soon as you are able.