

# Weekly Update

## March 13, 2024

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Please join us on Sunday for Holy Eucharist

The Fifth Sunday in Lent

March 17, 2024

8 am & 10 am\*

**Celebrant: The Rev. Deacon Chris Miller-Marcin**

If you are unable to worship in person, please join us on YouTube.

\*To view the livestream service please click the link below.



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### This week at

St. Martha's



#### Wednesday, March 13th:

- The Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Seashell Ringers practice at 1 pm.
- Finance Committee meeting on Zoom at 4 pm.
- Choir practice at 7 pm.

#### Thursday, March 14th:

- Hospitality Committee meeting at 2 pm in the parish hall.

#### Friday, March 15th:

- Stitch and Sketch from 10 am to 1 pm in the parish all.

**Saturday, March 16th:**

- White's Creek Manor POA meeting at 10 am in the parish hall.

**Monday, March 18th:**

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

**Tuesday, March 19th:**

- Qigong class at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. These gentle movements can be done seated or standing and is accessible to everyone. Bring a yoga mat, if you have one, and some water. Suggested class donation: \$10.
- Bible Study at 1 pm in the parish hall. They will continue reading the Gospel according to Matthew.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for gentle practice. \$10 drop in.

**Wednesday, March 20th:**

- The Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Seashell ringers practice at 1 pm.
- Scholarship Committee meeting at 2:30 pm in the conference room.
- Choir practice at 7 pm.

**Upcoming Events**

# **Lenten Prayer, Soup and Salad**

## **The Parish of St. Ann**

691 Garfield Parkway, Bethany Beach

***Wednesday, March 20th at Noon***



**A free-will offering will be accepted for the Emergency Fund of the Southeast Sussex Ministerium providing housing, utilities and medication for those in need.**

# HOLY WEEK/EASTER SUNDAY SERVICE SCHEDULE



**Palm Sunday (3/24):** Services 8 am and 10 am

**Tenebrae (3/26):** Service at 7 pm

**Maundy Thursday (3/28):** Service with Potluck Dinner at 6 pm. Sign up sheet in the parish hall.

**Good Friday (3/29):** Service at 3 pm. The Church will also be open from 9 am to 3 pm for private prayer and Stations of the Cross.

**Easter Sunday (3/31):** Services at 8 am, 9:30 am and 11:30 am



## SMHBC March Meeting

The March meeting of the book club will be held on Thursday, April 4th from 3 - 4 pm. The book of the month will be *Broken for You*, by Stephanie Kallos. In April, they will resume their normal schedule of the 4th Thursday of the month and will meet on April 25th.

Outreach



March is the Diaper Drive for IRSD, SVDP, and Union Wesley UM Pantries. Outreach accepts monetary donations and buys the diapers needed in bulk. If you would like to donate to the diaper drive, you may put your check in the offering plate with Diapers on the memo line. Cash donations are also fine. Just put your donation in an envelope with Diapers written on the envelope.

**Remember to save your aluminum pop-tabs for Ronald McDonald House!**

## Flower Guild

During Lent, we do not have flowers in front of the altar on Sunday morning, but will use an arrangement of dried materials, signifying a more somber time in our church life. As in the past, we will add something each week to keep the arrangement interesting and fresh. A clue will be included on the preceding Wednesday, and you are invited to find the addition the following Sunday morning. **Yes, our addition this week was a conch shell egg sack. Pretty ugly and yet fascinating. Next Sunday, a tribute to our beloved Bethany Beach.**

Don't forget to fill out a form for donating a plant in honor or memory of a loved one. Forms will be in front of Jaclyn's office or in your Sunday bulletin. You can also call the office; Jaclyn's number is 302-539-7444.

## Announcements

### Church Directory

Printed copies of the directory are available on the table outside of the office. You can also access the directory online. For instructions, click [HERE](#).

### Christian Yoga

The class scheduled for **Saturday, March 23rd** has been canceled. Please stay tuned for further information on when these classes will resume.