

Weekly Update

February 28, 2024

Please join us on Sunday for Holy Eucharist

The Third Sunday in Lent

March 3, 2024

8 am & 10 am*

Celebrants: Reverend Victoria Pretti and
The Rev. Deacon Chris Miller-Marcin

If you are unable to worship in person, please join us on YouTube

*To view the livestream service please click the link below.



This week at

St. Martha's



Friday, March 1st:

- Stitch and Sketch from 10 am to 1 pm. We have knitters, painters, quilters and many other crafters who gather to stitch, craft and socialize. All are welcome.

Sunday, March 3rd:

- Book Study will continue the Lenten devotional book, "A Book of Hours" by Thomas Merton. They will meet in the Narthex in between services from 9 to 9:45 am.

Monday, March 4th:

- Yoga at 9:30 am. \$10 drop in. Bring your own mat, blanket, block and/or strap. Some will be available.

- Homelessness and the Lack of Affordable Housing in Southern Delaware: A Panel Discussion at 3 pm in the parish hall. Join us for this important program as panelists from different organizations present their perspectives on these issues.

Tuesday, March 5th:

- Qigong class at 9:30 am in the parish hall. Qigong is a mindful movement practice that helps us to calm our minds, balance our emotions, and feel more energized. These gentle movements can be done seated or standing and is accessible to everyone. Bring a yoga mat, if you have one and some water. Suggested class donation: \$10.
- Bible Study at 1 pm in the parish hall. They will continue reading the Gospel according to Matthew.
- Yoga at 5:30 pm. This is a beginner's class starting with the basics for anyone new to yoga or just looking for a gentle practice. \$10 drop in.

Wednesday, March 6th:

- Men's Discipleship Group will meet from 8 - 9 am in the conference room.
- Choir practice at 7 pm.

Upcoming Events




**Lenten Prayer,
Soup & Salad**
Wednesdays at Noon

February 21st : St. George's United Methodist Church

February 28th: Ocean View Presbyterian Church

March 6th: St. Matthews's By the Sea

March 13th: Bethany Beach Christian Church &
St. Martha's Episcopal Church

March 20th: St. Ann's Catholic Church

A free-will offering will be accepted for the Emergency Fund of the Southeast Sussex Ministerium providing housing, utilities and medication for those in need.

GAME NIGHT



JOIN US
March 7, 2024
5:30 - 8pm



Soup and salad from 5:30 - 6:30 pm
with a variety of games to follow

Sign up sheet is in the parish hall.

HOLY WEEK/EASTER SUNDAY SERVICE SCHEDULE



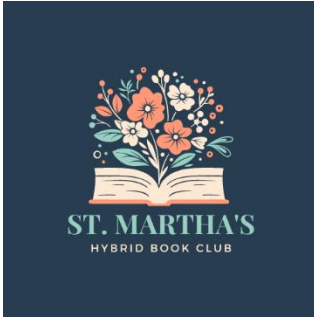
Palm Sunday (3/24): Services 8 am and 10 am

Tenebrae (3/26): Service at 7 pm

Maundy Thursday (3/28): Service with Potluck Dinner at 6 pm. Sign up sheet in the parish hall.

Good Friday (3/29): Service at 3 pm. The Church will also be open from 9 am to 3 pm for private prayer and Stations of the Cross.

Easter Sunday (3/31): Services at 8 am, 9:30 am and 11:30 am



SMHBC March Meeting

The March meeting of the book club will be held on Thursday, April 4th from 3 - 4 pm. The book of the month will be *Broken for You*, by Stephanie Kallos. In April, they will resume their normal schedule of the 4th Thursday of the month and will meet on April 25th.

Outreach

A big “thank you” to the wonderful St. Martha’s Parishioners who made **The Way Home** clothing drive a huge success. Outreach received more than 100 pair of socks, plus dozens of pairs of underwear, t-shirts, sweat shirts and pants. Other items of clothing were also donated.

The next Outreach Project in March will be the Diaper Drive for the IRSD Pantry. Outreach accepts monetary donations and buys the diapers needed in bulk. If you would like to donate to the diaper drive, you may put your check in the offering plate with Diapers on the memo line. Cash donations are also fine. Just put your donation in an envelope with Diapers written on the envelope.

Remember to save your aluminum pop-tabs for Ronald McDonald House!

Flower Guild

During Lent, we do not have flowers in front of the altar on Sunday morning, but will use an arrangement of dried materials, signifying a more somber time in our church life. As in the past, we will add something each week to keep the arrangement interesting and fresh. A clue will be included on the preceding Wednesday, and you are invited to find the addition the following Sunday morning.

Yes, you found it. A mustard seed in a little glass vial. Next Sunday, our addition is rugged.

Easter Flower forms will be included in this week's service booklet. Completed forms can be placed in the basket on the ledge in front of the office or in the plate on Sunday. Forms are due by Palm Sunday.

Announcements



New name tags have been printed and volunteers are needed to help with the process of replacing the old with the new. If you are able to lend a hand, please contact Jaclyn by [email](#) or phone (302) 539-7444. Thank you!